



SAN MATEO COUNTY HEALTH
**AGING & DISABILITY
SERVICES**



Dignity Health™
Sequoia Hospital

Fall Prevention Coalition of San Mateo County Meeting

Meeting Date and Time July 16, 2026, 1:00 – 2:00 PM

Call-in number: 669-900-6833, Meeting ID: 859 8991 5502

Zoom Link: Please click [here](#) to join.

1:00-1:05: Welcome

1:05-1:50: Presentation: *Vision Loss & Strategies for Fall Prevention*

Presentation Overview: Vision loss can significantly increase the risk of falls, affecting confidence, independence, and overall quality of life. This presentation will introduce the services provided by Vista Center and explore the connection between vision loss and fall risk. Participants will learn about the key factors that contribute to falls, the impact of vision impairment on mobility, practical strategies for reducing fall risk, and home safety recommendations. The presentation will conclude with a Q&A session.

Presenters:

Chris Williams: Certified Orientation & Mobility Specialist (COMS)

Marlu Treuhaft-Silva: Director of Low Vision Clinics

Presenter Bios:

Chris Williams, MA, COMS is a Certified Orientation & Mobility Specialist at Vista Center. He joined the Orientation & Mobility team last year and is a graduate of the San Francisco State Orientation and Mobility Program. Since 2016, Chris has worked with transition-aged teens, adults, and seniors in individual, group, and virtual settings. His approach to mobility training emphasizes a collaborative partnership with each student, tailoring instruction to fit their lifestyle, support system, personal goals, and journey toward greater independence.

Marlu Treuhaft-Silva is the Director of Low Vision Clinics at Vista Center. She will introduce Vista Center and its mission to empower individuals who are blind or visually impaired to embrace life to the fullest through evaluation, counseling, education, and training.

1:50-2:00: Social Time: Group Discussion, Announcements and Updates.

Next Meeting: October 15, 2026 | 1:00-2:00 pm via Zoom