



SAN MATEO COUNTY HEALTH
**AGING & ADULT
SERVICES**

Lisa Mancini
Director

Aging & Adult Services
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Fall Prevention Coalition of San Mateo County Meeting

Meeting Date and Time July 18, 2024, 1:00 – 2:00 PM

Call-in number: 669-900-6833, Meeting ID: 925 6319 8464, Passcode: 906708

Virtual Meeting: Please hit Ctrl and click [here](#) to join.

1:00-1:05: Welcome

1:05-1:50: Presentation: Practical Tools & Demonstration for Fall Prevention

Presentation Overview: Come to learn about practical and purposeful fall prevention tools. There will be a lively demonstration and opportunity to see them in action. As fall prevention advocates, the hope is that you will share what you have learned with your community.

Presenter: Janel Jurosky MSN, RN, PHN
Community Health Nurse & Educator|
Dignity Health Sequoia Hospital
Health & Wellness Center

Presenter Bio: “I have spent the last 16 years of my nursing career in community health nursing and education. I am passionate about offering evidence-based health promotion programs. I believe in collaborative, person-centered learning with the goal of providing knowledge that empowers the individual and communities to make small, but steady, prevention-based change.”

1:50-2:00: Social Time: Group Discussion, Announcements and Updates.

Next Meeting: October 17, 2024 | 1:00-2:00 pm via Zoom