

# Dignity at Home Fall Prevention Program

The County of San Mateo Aging and Adult Services Division has a new program to help older adults stay safe while living at home.

***Services are free of charge.***

## How Do I Qualify?

- Must be at least 60 years of age or disabled
- At risk of falling, have had a fall and/or is at risk of institutionalization
- Live in San Mateo County. There is no income eligibility requirement
- If home is a rental, written consent must be obtained from the landlord for any installations

## What's The Process?

- Phone interview to qualify
- In-home assessment by a credentialed provider of home modifications
- Potential purchase and installation of minor injury prevention accessories if recommended

## Participants Must Also

- Have a caregiver or family member during the assessment if needed
- Be able to safely move around the home during the assessment

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Limited spots available.

To apply for the Dignity at Home Fall Prevention Program or for more information please call **1-844-NoFalls (1-844-663-2557)**