



SAN MATEO COUNTY HEALTH  
**AGING & ADULT  
SERVICES**

Lisa Mancini  
Director

Aging & Adult Services  
225 37th Avenue  
San Mateo, CA 94403  
[www.smchealth.org](http://www.smchealth.org)  
[www.facebook.com/smchealth](https://www.facebook.com/smchealth)

## Fall Prevention Coalition of San Mateo County Meeting

Meeting Date and Time: October 20, 2022, 1:00 – 2:30 PM

Call-in number: [669-900-6833](tel:669-900-6833), Meeting ID: 916 2272 3936, Passcode: 943105

**Virtual Meeting:** Please hit Ctrl and click [here](#) to join.

**1:00-1:15: Welcome, Introductions and Icebreaker:** *What are you looking forward to the most this fall or Holiday season?*

**1:15-1:45: Presentation:** “*Your Feet are Your Foundation: Step Into Fall Prevention*”  
by William Tarran, DPM

Taking care of our feet is often the furthest thing from our minds, yet they play such a vital role in fall prevention. Come and learn about why your feet are so important and ways to take care of them.

**Presenter Bio:** Dr. William Tarran is a board-certified podiatrist with the San Francisco Department of Public Health where he is the lead podiatrist for their outpatient clinics and San Francisco Homeless Connect. He attended the California College of Podiatric Medicine and did his surgical training at Frankford Hospital in Philadelphia, then came back to the Bay Area where he became owner of the South San Francisco Foot Clinic before merging his practice in with the Serramonte Podiatry Group in Daly City. He’s held active staff positions at Seton Medical Center, Mills Peninsula Hospital and currently at Zuckerberg San Francisco General. He is past president of the California Podiatric Medical Association and currently chair of Podiatric Medical Education Advisory Committee and sits on the executive board of the California Physician’s Alliance, a non-profit organization that aims to bring justice to health care.

**1:45-1:50: Q&A**

**1:50-1:55: Activity:** *If the shoe fits, wear it!* by Janel Jurosky

**1:55-2:30: Social Time:** Group Discussion, Announcements and Updates

**Next Meeting:** January 19, 2023 | 1:00-2:30 pm via Zoom